

ANGUS BEEF CHART

OTHER CUTS

Beef for Stew	Cubed Steak
Beef for Kabobs	Ground Beef

RIB

Rib Roast, Large End	Rib Roast, Small End	Rib Steak, Small End
Ribeye Roast Boneless	Ribeye Steak Boneless	Back Ribs

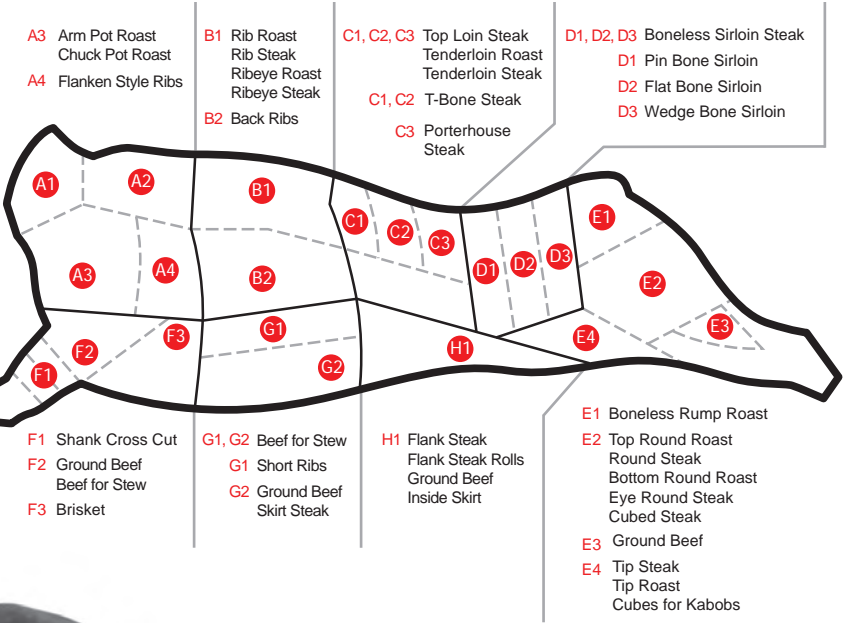
LOIN

Top Loin Steak Boneless	T-Bone Steak	Porterhouse Steak
Tenderloin Roast (Filet Mignon)	Tenderloin Steak (Filet Mignon)	

SIRLOIN

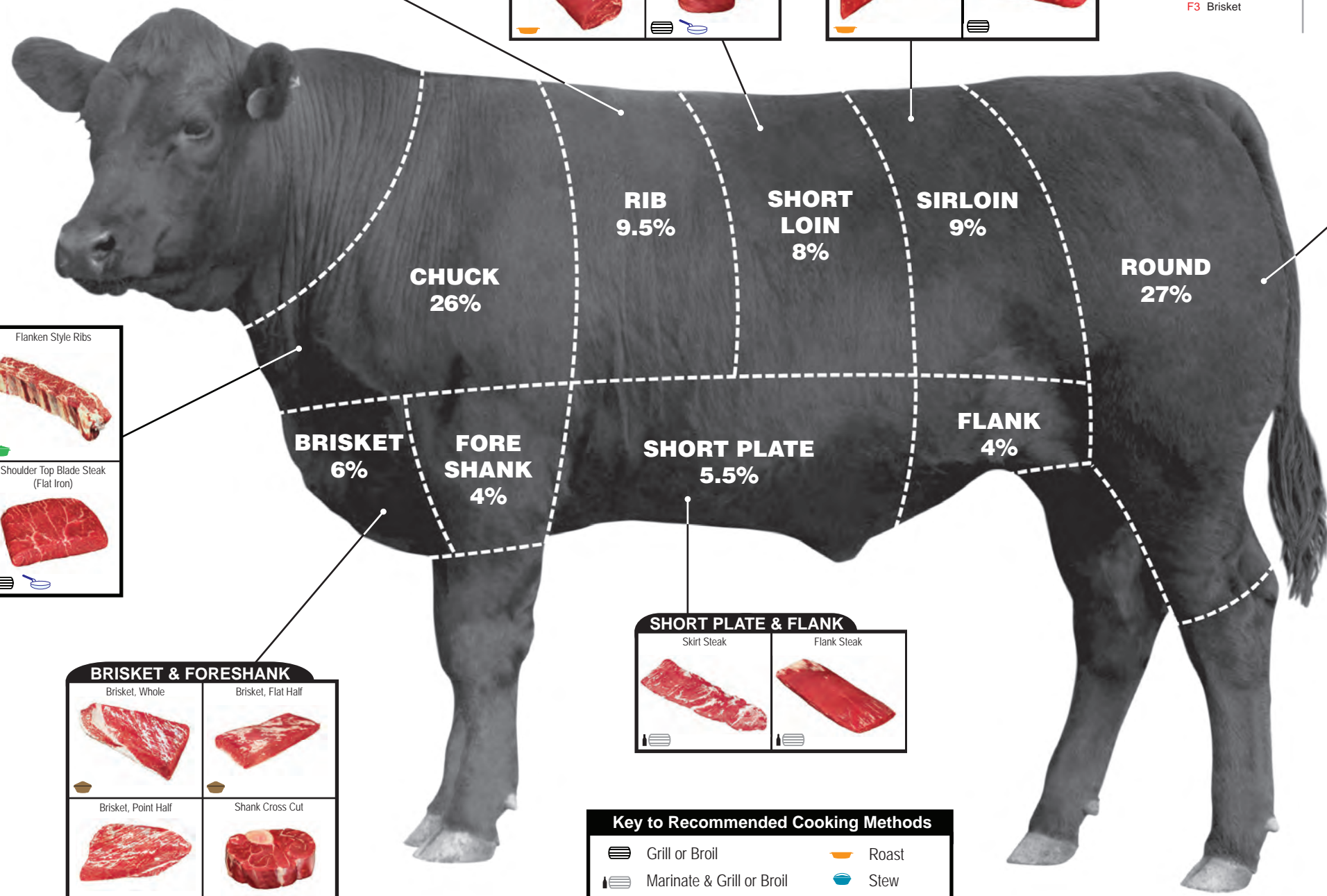
Sirloin Steak, Flat Bone	Sirloin Steak, Round Bone	Top Sirloin Steak Boneless
Tri-Tip Roast	Tri-Tip Steak	

- A1 Ground Beef
- A2 Blade Roast
- A3, A4 Short Ribs
- A3 Arm Pot Roast
- A4 Flanken Style Ribs



CHUCK

7-Bone Pot Roast	Arm Pot Roast	Blade Roast
Under Blade Pot Roast	Chuck Eye Roast	Short Ribs
Chuck Eye Roast	Mock Tender Roast	Chuck Top Blade Steak
Chuck Pot Roast	Flanken Style Ribs	Shoulder Top Blade Steak (Flat Iron)
Chuck Eye Roast	Mock Tender Roast	Shoulder Petite Tender
Short Ribs	Chuck Top Blade Steak	Shoulder Petite Tender Medallions



ROUND

Round Steak Boneless	Bottom Round Roast	Bottom Round Steak
Eye Round Roast	Eye Round Steak	Top Round Steak
Boneless Rump Roast	Tip Roast, Cap Off	Tip Steak

BRISKET & FORESHANK

Brisket, Whole	Brisket, Flat Half
Brisket, Point Half	Shank Cross Cut

SHORT PLATE & FLANK

Skirt Steak	Flank Steak
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Key to Recommended Cooking Methods

Grill or Broil	Roast
Marinate & Grill or Broil	Stew
Skillet	Braise
Stir-Fry	Pot Roast

A 1200 pound, Yield Grade 1 steer yields 518 pounds of retail cuts from a 750 pound carcass.

A 1200 pound, Yield Grade 2 steer yields 502 pounds of retail cuts from a 750 pound carcass.

A 1200 pound, Yield Grade 3 steer yields 435 pounds of retail cuts from a 750 pound carcass.

Of the retail cuts, on a carcass weight basis:
 31% are steaks
 31% are roasts
 38% is ground beef and stew meat

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